

Directory of Activities & Services for New Canaan's Youth



New Canaan Department of Human & Youth Services

77 Main Street, New Canaan, Connecticut 06840

(203) 594-3076 • www.newcanaan.info



The Youth Services Department for the Town of New Canaan

would like to welcome you to the latest edition of the Directory of Activities for New Canaan Youth and Families. This directory is your guide to the organizations in the New Canaan Community that can help our youth and families build developmental assets and help New Canaan thrive as a community.

We hope this booklet can help guide you and your family to find success, whether you need help finding a volunteer opportunity, need to register your child for sports or need a little help figuring out your teenager. We hope you find this directory useful and we look forward to continuing to work together toward building New Canaan into an asset rich and thriving community.

WHAT WE DO

Counseling and Crisis Intervention

For New Canaan youth and families

Information and Referral

Services are available in the community for youth and their families

Community Networking

Programs designed to increase community awareness regarding youth-related issues

Parent Support

Provides short term counseling and linkage to treatment, educational groups and workshops to enhance parenting skills

Youth Support

Linking residents to youth programs designed to foster self-esteem and build resiliency skills in youths

General Assistance

Provides financial aid to eligible youth and families

Energy Assistance

Provides financial aid for home heating through a state program

Holiday Programs

Provide meals, gifts and additional support during the holiday season

Youth Adult Partnership Board

Facilitate youth and adults coming together to highlight the positive youth in the community and the learning from one another through hosting events that make a contribution to the community

OUR MISSION

The mission of Youth Services is to help New Canaan youth and families to function optimally by developing programs and activities that address developmental needs, as well as helping youth and families obtain appropriate social services and resources.

Publisher's Note: Although great effort has been made to ensure the accuracy of information in this directory, New Canaan Department of Human & Youth Services and MVI are not responsible for telephone numbers and services that are subject to change.

Design by: Media Ventures, Inc. • 203-852-6570 • www.mediaventuresinc.com

EVERYONE HAS THE POWER TO HELP YOUNG PEOPLE SUCCEED

The secret to helping children and youth grow into happy, healthy, and responsible adults isn't really a secret at all.

Research from Search Institute identifies 40 Developmental Assets that have a powerful, positive impact on young people. Children and teenagers who have high levels of these assets get involved in fewer risky behaviors and are much more likely to exhibit the positive values, such as leadership, good health, diversity, and success in school. Right here in New Canaan, many of our youth report to have high levels of developmental assets in their daily lives. But there is still work to be done, not just to help our kids do well, but also to help our community thrive.

The good news is you, and me, our neighbors, our teachers, our police officers all have the power to change lives by building assets in our young people.

UNDERSTANDING DEVELOPMENTAL ASSETS

The eight asset categories Search Institute has found crucial in helping young people grow up healthy include:



Support: Young people need to be surrounded by people who love, care for, appreciate, and accept them.



Empowerment: Young people need to feel valued and valuable. This happens when youth feel safe and respected.



Boundaries and Expectations: Young people need clear rules, consistent consequences for breaking rules, and encouragement to do their best.



Constructive Use of Time: Young people need opportunities—outside of school—to learn and develop new skills and interests with other youth and adults.



Commitment to Learning: Young people need a sense of the lasting importance of learning and a belief in their own abilities.



Positive Values: Young people need to develop strong guiding values to help them make healthy life choices.



Social Competencies: Young people need the skills to interact effectively with others, to make difficult decisions, and to cope with new situations.



Positive Identity: Young people need to believe in their own self-worth and to feel they have control over the things that happen to them.

Each of these categories involves several specific assets that help young people grow up healthy. For more information about each of the 40 Assets that can help your kids and our community grow up to be strong and healthy, visit the Web site below and see inside back cover for more information.

www.Search-Institute.org

TOLL-FREE HOTLINES

24-HOUR ADDICTIONS

REFERRAL NETWORK

1-800-577-4740

A HANDICAPPED HELP LINE

1-888-820-HELP (4357)

www.ahandicappedhelpline.org

A LIFETIME ADOPTION CENTER

1-800-923-6784

www.lifetimeadoption.com

ALCOHOL AND DRUG

TREATMENT REFERRAL HELPLINE

1-800-454-8966

CDC NATIONAL HIV AND

AIDS INFORMATION HOTLINE

1-800-CDC-INFO (232-4636)

www.cdc.gov/STD/STDFact-STDs&Pregnancy.htm

CHILDHELP NATIONAL

CHILD ABUSE HOTLINE

1-800-4-A-CHILD (422-4453)

www.childhelp.org

DOMESTIC VIOLENCE HOTLINE

1-800-799-7233

www.ndvh.org

DVCC HOTLINE

Domestic Violence Crisis Center

1-888-774-2900 24-Hour

www.dvccct.org

EMERGENCY MOBILE

CRISIS HOTLINE

For children and teens needing psychiatric help, provided by child guidance center.

2-1-1

www.childguidance.org

GAY/LESBIAN/BISEXUAL/

TRANSGENDER GLBT

NATIONAL HELP CENTER

1-888-843-4564 GLBT National

Hotline

1-800-246-7743 GLBT Youth

Talkline

www.glnh.org

KIDS IN CRISIS HELPLINE

crisis counseling on the

phone, referrals

203-327-KIDS (5437)

www.kidsin crisis.org

LOVE IS RESPECT NATIONAL

TEEN DATING ABUSE HELPLINE

1-866-331-9474

1-866-331-8453 TTY

www.loveisrespect.org

NATIONAL ALLIANCE

ON MENTAL ILLNESS

1-800-950-NAMI (6264)

www.nami.org

NATIONAL CENTER FOR MISSING

AND EXPLOITED CHILDREN

1-800-843-5678 24-Hour

www.missingkids.com

NATIONAL COUNCIL ON

ALCOHOLISM AND DRUG

DEPENDENCE (NCADD)

1-800-NCA-CALL (622-2255)

www.ncadd.org

NATIONAL EATING

DISORDERS ASSOCIATION

1-800-931-2237

www.nationaleatingdisorders.org

NATIONAL POISON CONTROL

1-800-222-1222 Voice/TTY/TDD

www.poison.org

NATIONAL RUNAWAY

SWITCHBOARD

1-800-RUN-AWAY (786-2929)

1-800-621-0394 TDD/TTY

www.1800runaway.org

NATIONAL SUICIDE

PREVENTION LIFELINE

1-800-SUICIDE (784-2433)

www.hopeline.com

SEXUAL ASSAULT CRISIS HOTLINE

1-888-999-5545

www.sacec-ct.org

SOCIAL SECURITY

ADMINISTRATION

General Information & Services

1-800-772-1213

1-800-325-0778 TTY

www.ssa.gov

THE STATE DEPARTMENT OF

CHILDREN AND FAMILIES

Child Abuse and Neglect Hotline

1-800-842-2288

www.ct.us/DCF

SUICIDE PREVENTION HOTLINE

2-1-1

VANISHED CHILDREN'S ALLIANCE

1-800-VANISHED (826-4743)

www.vca.org

INDEX BY CATEGORY

Child and Family Abuse

Center for HOPE.....	7
The Center for Sexual Assault Crisis Counseling and Education	7
Child Guidance Center of Southern Connecticut	8
Children's Connection of the Human Services Council	8
Domestic Violence Crisis Center	10
Domus Foundation	10
The Exchange Club Center for the Prevention of Child Abuse of Southern Connecticut	11
Family and Children's Agency	11
Family Centers.....	11
New Canaan Domestic Violence Partnership	15
New Canaan Exchange Club	15

Child Care

New Canaan Nursery Schools/ Day Care Centers	16
---	----

Education

Connecticut Association for Children and Adults with Learning Disabilities (CACLD).....	8
Connecticut Clearinghouse	9
Darien-Norwalk YWCA	9
New Canaan CARES.....	14
New Canaan Library	15
New Canaan Nature Center	16
New Canaan Private Schools	16
New Canaan Public Schools	16
New Canaan Public Schools: Department of Special Education	16

SPED*NET (The Special Education Network) of New Canaan.....	20
STAR, Inc.....	21
Talking with Kids	21
The Town Players of New Canaan	21
Women, Infants and Children (WIC)	22

Employment

2-1-1	6
Darien-Norwalk YWCA	9
Person-to-Person	19

Faith

Church of Jesus Christ of Latter-Day Saints	8
Community Baptist Church.....	8
First Church of Christ	11

INDEX BY CATEGORY

First Presbyterian Church.....	11
Grace Community Church	12
Interfaith Council of Southwestern Connecticut	12
New Canaan Congregational Church	15
New Canaan Jewish Group	15
St. Aloysius Roman Catholic Church	20
St. Mark's Episcopal Church.....	21
St. Michael's Lutheran Church	21
United Methodist Church of New Canaan	22
Young Life and Wyldlife of New Canaan	22

Government

Governor's Prevention Partnership	12
Healthcare for Uninsured Kids and Youth (HUSKY)	12
New Canaan Youth Officer	17
State Department of Social Services	21
Women, Infants and Children (WIC)	22

Housing

2-1-1.....	6
Person-to-Person	19
Phoenix Management Corp.	19

Medical/Emergency

Child Guidance Center of Southern Connecticut.....	8
Four Winds Hospital	11
Hall-Brooke Behavioral Health Services	12
Healthcare for Uninsured Kids and Youth (HUSKY)	12
New Canaan Chapter of American Red Cross	14
Norwalk Health Department	18
Renfrew Center of Connecticut	20
Silver Hill Hospital	20

Mental Health

Arts for Healing.....	6
Catholic Charities.....	7
Center for HOPE.....	7
The Center for Sexual Assault Crisis Counseling and Education	7
Child Guidance Center of Mid-Fairfield County	7
Child Guidance Center of Southern Connecticut.....	8
Christian Counseling Center.....	8
Darien Family Youth Options.....	9
Domus Foundation	10
Family and Children's Agency	11
Family Centers.....	11
Four Winds Hospital	11
Hall-Brooke Behavioral Health Services	12
Jewish Family Services	13
Kids in Crisis.....	13
Liberation Programs, Inc.	13
New Learning Center	17
Positive Directions	19
Renfrew Center of Connecticut	20
Silver Hill Hospital	20
Wilkins Center.....	22

Parenting Resources

2-1-1.....	6
Center for HOPE.....	7
The Center for Sexual Assault Crisis Counseling and Education	7
Child Guidance Center of Mid-Fairfield County	7
Child Guidance Center of Southern Connecticut.....	8
Children's Connection of the Human Services Council	8
Connecticut Association for Children and Adults with Learning Disabilities (CACLD).....	8
Connecticut Clearinghouse	9
Darien Family Youth Options.....	9
Darien-Norwalk YWCA	9
The Exchange Club Center for the Prevention of Child Abuse of Southern Connecticut	11
Family and Children's Agency	11
Family Centers.....	11
Governor's Prevention Partnership.....	12
Kids Care Clubs	13
Kids in Crisis.....	13
New Canaan CARES.....	14
New Canaan Coalition.....	14
New Learning Center	17
Norwalk Health Department	18
Planned Parenthood	19
Positive Directions	19
Renfrew Center of Connecticut	20
SPED*NET (The Special Education Network) of New Canaan.....	20
StandUp Parenting, Inc.	21
STAR, Inc.....	21
Talking with Kids.....	21
Wilkins Center.....	22
Women, Infants and Children (WIC)	22

Recreation

2-1-1.....	6
Arts for Healing.....	6
Boy Scouts of America: Connecticut Yankee Council	6
Darien Little League: Challenger Division	9
Darien-Norwalk YWCA	9
Girl Scout Council of Southwestern Connecticut	12
New Canaan Library	15
New Canaan Mounted Troop.....	15
New Canaan Nature Center	16
New Canaan Recreation Department	16
New Canaan YMCA.....	17
Outback Teen Center	18
Pegasus Therapeutic Riding	19
Silvermine Guild Arts Center.....	20
Young Life and Wyldlife of New Canaan	22

Special Needs

2-1-1.....	6
Abilis.....	6
Arts for Healing.....	6
Connecticut Association for Children and Adults with Learning Disabilities (CACLD).....	8

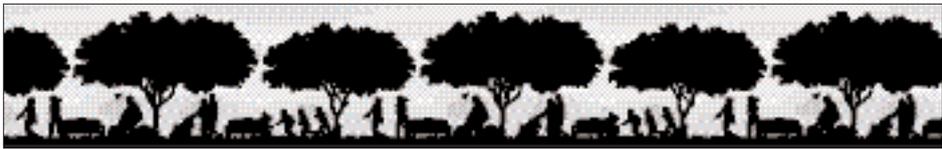
Connecticut Office of Protection and Advocacy for Persons with Disabilities	9
Darien Little League: Challenger Division	9
Disability Resource Center of Fairfield County, Inc.	10
The Kennedy Center, Inc.	13
New Canaan Public Schools: Department of Special Education	16
New Canaan Recreation Department	16
New Canaan YMCA.....	17
Pegasus Therapeutic Riding	19
SPED*NET (The Special Education Network) of New Canaan.....	20
STAR, Inc.....	21

Substance Abuse

Al-Anon/Alateen Family Groups of Connecticut	6
Child Guidance Center of Southern Connecticut	8
Christian Counseling Center.....	8
Connecticut Renaissance.....	9
Darien Family Youth Options.....	9
Family and Children's Agency	11
Family Centers.....	11
Four Winds Hospital	11
Governor's Prevention Partnership.....	12
Hall-Brooke Behavioral Health Services	12
Liberation Programs, Inc.	13
New Canaan Coalition.....	14
New Learning Center	17
Positive Directions	19
Silver Hill Hospital	20

Volunteer

Boy Scouts of America: Connecticut Yankee Council	6
Center for HOPE	7
Children's Connection of the Human Services Council	8
Family and Children's Agency	11
Family Centers.....	11
Girl Scout Council of Southwestern Connecticut	12
Kids Care Clubs	13
National Charity League	14
New Canaan CARES.....	14
New Canaan Chapter of American Red Cross	14
New Canaan Coalition.....	14
New Canaan Community Foundation	15
New Canaan Exchange Club	15
Norwalk Economic Opportunity Now, Inc. (NEON).....	18
Person-to-Person	19
Service League of Boys (SLOBs).....	20
Volunteer Center of New Canaan	22
Young Life and Wyldlife of New Canaan	22



2-1-1



2-1-1

www.infoline.org

A source for information about community services, referrals to human services, and crisis intervention.

ABILIS



50 Glenville Street, Greenwich
203-531-1880

www.abilis.us

Provides people with developmental disabilities and their families in lower Fairfield County with support and advocacy for building able lives and strong communities. Abilis believes that all people deserve to live, work and enjoy life based upon their personal preferences, and supports individuals from birth through adulthood in their communities. We provide direct early intervention services for babies and toddlers with developmental disabilities, direct support services for individuals with autism, and vocational and employment training for adults with intellectual disabilities.

AL-ANON/ALATEEN FAMILY GROUPS OF CONNECTICUT



1-888-8AL-ANON (825-2666)

www.ct-al-anon.org

Al-Anon and Alateen are worldwide organizations that offer programs of help and mutual support for families and friends of someone with a drinking problem, whether or not that person seeks help or even recognizes the existence of a drinking problem.

Participants in Al-Anon and Alateen give and receive comfort and understanding through a mutual exchange of experience, strength and hope, and learn how the principles of the Al-Anon program can be applied to their own lives.

ARTS FOR HEALING



24 Grove Street, New Canaan

203-972-2982

www.artsforhealing.org

Offers music and art therapy for children and teens with disabilities.

BOY SCOUTS OF AMERICA: CONNECTICUT YANKEE COUNCIL



P.O. Box 32, Milford

203-876-6868

www.ctyankee.org

Serves the community by instilling values in young people that will prepare them to make ethical choices over their lifetime. The values that Boy Scouts of America strives to instill are based on those found in the Scout Oath Law.

DIAL 2-1-1

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



Faith



Government



Housing



The Scout Law consists of trust, loyalty, helpfulness, and obedience, just to name a few. The Connecticut Yankee Council is the local chapter of the Boy Scouts of America. The Boy Scout measures himself against these ideas and continually tries to improve on them. Patrols allow Scouts to interact in small groups where members can easily relate to each other. Being close to nature helps Boy Scouts gain an appreciation for the beauty of the world around us. Understanding the concepts of leadership helps a boy accept the leadership role of others and guides him toward the citizenship aim of scouting.

CATHOLIC CHARITIES



One Park Street, Norwalk
203-750-9711

www.bridgeportdiocese.com

Leading provider of senior services, case management and behavioral health programs, women's and children's services, and life skills/transitional services throughout the Roman Catholic Diocese of Bridgeport. Offers a wide range of mental health programs to help empower people to live more independently and overcome problems.

CENTER FOR HOPE



590 Post Road, Darien
203-655-4693

www.familycenters.org

Individual, group and family counseling for persons of all ages facing the loss of a loved one, or a life-threatening illness to themselves or a family member.

THE CENTER FOR SEXUAL ASSAULT CRISIS COUNSELING AND EDUCATION



880 Canal Street, Suite 2B, Stamford
203-329-2929 24-Hour Hotline
203-348-9346 Main Number
1-888-999-5545 Toll-Free Hotline
1-888-568-8332 Spanish Hotline

www.sacec-ct.org

Free and confidential support services for sexual assault victims and their families, including counseling and support groups.

CHILD GUIDANCE CENTER OF MID-FAIRFIELD COUNTY



100 East Avenue, Norwalk
203-299-1315

www.mfcgc.org

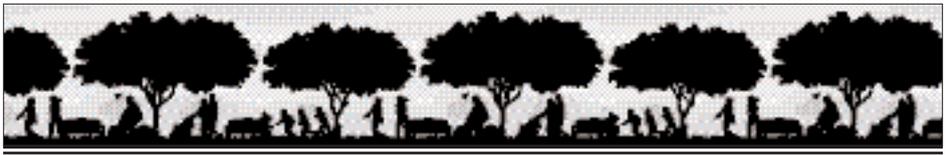
Offers a full-range of prevention, evaluation, and treatment services that consist of:

- Assessment that includes an orientation to our services, initial screening to define problems, and appropriate referral.
- Psychological and developmental testing to help clarify a child's problems and treatment needs.
- Individual, parent guidance, family therapy, case management, outreach services and group psychotherapy as appropriate for each individual.



DIAL 594-3076

New Canaan Department of
Human & Youth Services



CHILD GUIDANCE CENTER OF SOUTHERN CONNECTICUT



196 Greyrock Place, Stamford
972 Post Road, Darien
203-324-6127

2-1-1 24-Hour Crisis Hotline/
Emergency Mobile
Psychiatric Unit

www.childguidancect.org

Treatment Programs and Prevention Programs

- Child, Adolescent, & Family Therapy Program
- Children and Parent Resource Team
- Community Emergency Response Program
- Crime Victims Assistance and Community Policing Partnership
- Emergency Mobile Crisis Services
- Intensive Home Based Services
- Lower Fairfield county Child Sexual Abuse Response Team
- Parent Consultation Service
- Professional Consultation Service

CHILDREN'S CONNECTION OF THE HUMAN SERVICES COUNCIL



One Park Street, Norwalk
203-849-1111

- Child Abuse Identification and Reporting Training (SCAN-Stop Child Abuse Now).
- Child abuse, neglect prevention and intervention services.
- Children's Bank (volunteer gift program that donates clothing, funding and gifts to abused and neglected children).
- Foster care support.
- Multidisciplinary Investigative Team of Greater Norwalk.

CHRISTIAN COUNSELING CENTER



3 Lewis Street, Norwalk
203-846-4626

www.christiancounselingcenter.us

Offers counseling through biblical principles for many diverse issues including anxiety, depression, stress, grief, attention deficit disorder, domestic violence, addictive behavior, eating disorders and trauma recovery.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS



682 South Avenue, New Canaan
203-966-5849

COMMUNITY BAPTIST CHURCH



174 Cherry Street, New Canaan
203-966-0711

CONNECTICUT ASSOCIATION FOR CHILDREN AND ADULTS WITH LEARNING DISABILITIES (CACLD)



25 Van Zant Street, East Norwalk
203-838-5010

www.cacld.org

Supports individuals and families by providing information, education, and consultation while promoting public awareness and support. CACLD's goal is to ensure access to the resources needed to help children and adults with learning disabilities and attention deficit disorders achieve their full potential.

DIAL 2-1-1

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



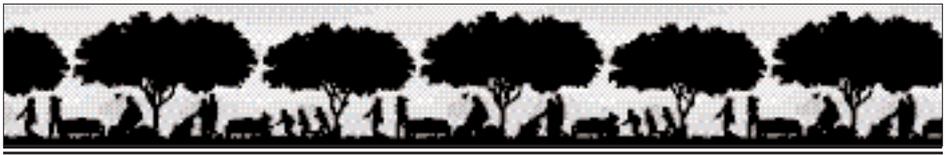
Faith



Government



Housing



CONNECTICUT CLEARINGHOUSE



334 Farmington Avenue, Plainville
1-800-232-4424

www.ctclearinghouse.org

Connecticut's library and resource center for information about alcohol, tobacco, other drugs, and related issues affecting mental health and wellness.

CONNECTICUT OFFICE OF PROTECTION AND ADVOCACY FOR PERSONS WITH DISABILITIES



1-800-842-7303

www.state.ct.us/OPAPD

Seeks to advance equal rights for persons with disabilities (and their families) by increasing the ability of individuals, groups and systems to safeguard rights; expose instances and patterns of discrimination and abuse; promote individual and systemic remediation when rights are violated; increase public awareness of unjust situations and of means to address them; and empower people with disabilities and their families to advocate for themselves.

CONNECTICUT RENAISSANCE



4 Byington Place, Norwalk
203-866-2541

www.ctrenaissance.com

Assesses and treats adolescents and adults for substance abuse and mental health issues. Provides individual and group counseling in grief, trauma, anger or stress management, relapse prevention and eating disorders.

DARIEN FAMILY YOUTH OPTIONS



2 Renshaw Road, Darien
203-655-8973

Helps children and teenagers build the skills necessary to face the temptation of activities that may be harmful to themselves or others.

Our services include:

- Anger management programs
- Assessment and intervention
- Drug testing
- Group therapy and parenting help
- Individual and family counseling
- Peer mentor groups
- Relapse prevention
- Telephone consultation

DARIEN LITTLE LEAGUE: CHALLENGER DIVISION



203-655-1511

A team for baseball players with disabilities, open to players ages 5–18 from Darien and New Canaan.

DARIEN-NORWALK YWCA



49 Old Kings Highway North, Darien
203-655-2535

www.ywcadariennorwalk.org

Dedicated to giving women the support and tools they need to transform their lives, be confident in their choices and raise healthy families. The organization brings first-hand knowledge of how federal level policies and programs affect women, girls and their families

(Continued)



DIAL 594-3076

New Canaan Department of Human & Youth Services



in communities across the United States. Designed for women, the New Directions Program is an empowerment program for women who are seeking job training and job search skills in their effort to gain economic self-sufficiency following separation, divorce, death of a spouse or in preparation for leaving an abusive relationship.

Programs for Women:

- Diversity
- Empowerment
- Fitness & Health

Programs for Children including recreation enrichment.

DISABILITY RESOURCE CENTER OF FAIRFIELD COUNTY, INC.



80 Ferry Boulevard, Suite 210, Stratford
203-378-6977
www.drffc.org

Provides individuals with empowerment, and works for change in the emotional barriers that face people with disabilities in the community.

Individual services consist of:

- Information and Referral; identifying and accessing services and supports, benefits, assistive technology, housing, personal assistance services, and other resources.
- Independent Living Skills Training; training in activities of daily living, and skills necessary for integration and full participation in the community for people with disabilities.
- Peer Support; peer counselors provide support to people with disabilities by drawing on their own life experience with disability.

- Advocacy; assistance in making your voice heard, advocating for the supports and services you need to maximize your own independence.

DOMESTIC VIOLENCE CRISIS CENTER



5 Eversley Avenue, Norwalk
203-853-0418
141 Franklin Street, Stamford
203-965-0049
1-888-774-2900 24-Hour Hotline
www.dvccct.org

Takes action to help victims of violence by ensuring their immediate safety and helping resolve medical and legal issues. The Family Advocate Program offers crisis intervention, support groups, life skills and parenting workshops to help victims set and work toward long-term goals.

DOMUS FOUNDATION



225 Washington Boulevard, Stamford
203-324-4458

Provides love, structure, and support at their charter schools, residential programs, and community programs, which enable children and families to reach their full potential. Their ability to build relationships helps children and families who may be struggling to focus on their strengths and make good choices.

DIAL 2-1-1

Connects you to information about services available in your community.





THE EXCHANGE CLUB CENTER FOR THE PREVENTION OF CHILD ABUSE OF SOUTHERN CONNECTICUT



141 Franklin Street, Stamford
203-327-9419

www.preventchildabuse.com

Maintains community-based child abuse prevention programs, and supports Exchange's Program of Service, which includes youth programs, Americanism and community service.

FAMILY AND CHILDREN'S AGENCY



9 Mott Avenue, 4th Floor, Norwalk
203-855-8765

www.familyandchildrensagency.org

Connects individuals and families in crisis, or at transitional moments of their lives, with skilled professionals in counseling, mental health and substance abuse services, senior services, family support, youth development, homeless services, mentoring and adoption programs.

FAMILY CENTERS



Darien/New Canaan
590 Boston Post Road, Darien
203-655-0547 Phone
(call or see Web site for other locations)
www.familycenters.org

Offers counseling, education and human services to children, adults and families in Fairfield County.

Programs include:

- Bright Beginnings; Preschool and Early

Childhood Education.

- Families in Crisis; Family Centers' comprehensive network of counseling, support and referral services.
- Fostering Independence; through vocational and career training, housing resources, counseling and self-sufficiency programs.
- Workplace Resources; WorkLife Solutions provides comprehensive employee assistance programs, work-life services.

FIRST CHURCH OF CHRIST



49 Park Street, New Canaan
203-966-0293

FIRST PRESBYTERIAN CHURCH



78 Oenoke Ridge Road, New Canaan
203-966-0002

www.fpcnc.org

FOUR WINDS HOSPITAL



800 Cross River Road, Katonah, NY
914-763-8151 or 1-800-528-6624

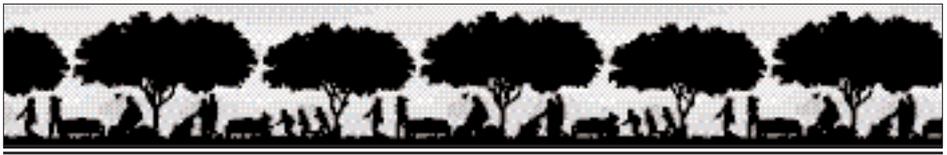
www.fourwindshospital.com

Provides quality inpatient and outpatient mental health treatment services for children, adolescents and adults. Serves as a leading specialized provider of inpatient psychiatric treatment for children and adolescents.



DIAL 594-3076

New Canaan Department of
Human & Youth Services



GIRL SCOUT COUNCIL OF SOUTHWESTERN CONNECTICUT



529 Danbury Road, Wilton
203-762-5557

Helps girls ages 5–17 build character and skills for success in the real world. The council can put you in touch with the organizer of your school’s Girl Scout troop and/or other local organizers. Girl Scout summer camps are also available.

The most popular programs offered are:

- Healthy Living
- Girl Safety
- Expanding Education
- Reaching Out
- Science, Technology, Engineering and Mathematics
- Financial Literacy
- Leadership
- Literacy
- Outdoor/Environmental Education

GOVERNOR’S PREVENTION PARTNERSHIP



1-800-422-5422
www.preventionworksct.org

Provides the leadership and resources to assist in the powerful effort to keep Connecticut’s kids safe, successful and drug-free. Leader in prevention work related to mentoring, underage drinking, and high-risk behavior among youth and college students, Student Assistance Programs and more.

GRACE COMMUNITY CHURCH



58 East Avenue, New Canaan
203-966-7600
www.gracecommunity.org

HALL-BROOKE BEHAVIORAL HEALTH SERVICES



47 Long Lots Road, Westport
203-227-1251
1-800-LIFE-NOW (543-3669)
www.hallbrooke.org

Provides a continuum of inpatient and outpatient psychiatric, chemical dependency, and supportive services for children, adolescents and adults.

HEALTHCARE FOR UNINSURED KIDS AND YOUTH (HUSKY)



1-877-CT-HUSKY (284-8759)
www.huskyhealth.com

Offers a full health insurance package for children and teenagers up to age 19, regardless of family income. HUSKY pays for doctor visits, prescriptions, vision and dental care, and much more.

INTERFAITH COUNCIL OF SOUTHWESTERN CONNECTICUT



203-348-2800
www.interfaithcouncil.org

Promotes justice, compassion, and peace through mutual understanding.

DIAL 2-1-1

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



Faith



Government



Housing



JEWISH FAMILY SERVICES



733 Summer Street, Stamford
203-921-4161

www.ctjfs.org

Provides comprehensive social service to the community-at-large regardless of religion, ethnic background, sexual orientation, disability or economic situation.

- Children and adolescents achieve emotional health through play therapy, as well as individual or family counseling.
- Individuals, couples and families undergoing transitions or life's daily stresses participate in Family Life Education programs, which offer support groups, educational programs and life-enhancement seminars.
- Teens are assisted through workshops that address the specific issues that confront them in these challenging years.

THE KENNEDY CENTER, INC.



2440 Reservoir Avenue, Trumbull
203-365-8522

www.thekennedycenterinc.org

Private, community-based rehabilitation organization that actively responds to the needs of persons with disabilities by offering innovative, community services.

Values that we instill:

- Treating all people with respect and dignity.
- Empowerment of persons with disabilities and their families through joint efforts.
- Assisting persons with disabilities toward optimal inclusion within the community.
- Diversity, support the elimination of discrimination, advocate for social equality.

KIDS CARE CLUBS



975 Boston Post Road, Darien
203-656-8052

www.kidscare.org

Develops compassion and the spirit of charity in children through hands-on service projects. Contact the parent organization to find groups in New Canaan or to start a new club.

KIDS IN CRISIS



One Salem Street, Cos Cob
203-622-6556

203-327-KIDS (5437) 24-Hour Confidential Helpline

www.kidsincrisis.org

Protects infants, children and teens from abuse and family crisis. Provides free, round-the-clock crisis intervention, counseling, emergency shelter, local prevention programs, and advocacy throughout Connecticut. A Teen Talk Outreach Counselor is available to all students at New Canaan High School during the school year.

LIBERATION PROGRAMS, INC.



125 Main Street, Stamford
203-356-1980

www.liberationprograms.org

Offers substance abuse education, treatment and prevention to adults, adolescents and families.



DIAL 594-3076

New Canaan Department of
Human & Youth Services



NATIONAL CHARITY LEAGUE



www.nationalcharityleague.com

Mothers and their daughters in the 7th–12th grades work on community service projects together.

NEW CANAAN CARES



112 Main Street, 2nd Floor, New Canaan
P.O. Box 178, New Canaan
203-966-7862

www.newcanaancares.org

Offers a multitude of health-promoting programs directed at youth, parents and the community. Programs are provided to each public and private school in New Canaan on an ongoing basis. Offers parent, youth and community programs aimed at raising community health awareness while providing tools to promote healthy lifestyles, strengthen family systems, boost children’s resilience, build self-esteem and leadership skills, advance effective parenting skills, and reduce stress. The organization also has a wellness library, which lends out both books and videos. (A calendar of events is available on the Web site.)

NEW CANAAN CHAPTER OF AMERICAN RED CROSS



51 Main Street, New Canaan
203-966-1663

www.ctredcross.org/newcanaan

Offers CPR and baby sitting courses for teens. Members of the Red Cross Youth Corps fundraise for community service activities and currently focus on one international service project per year.

NEW CANAAN COALITION



77 Main Street, New Canaan
203-594-3076

This community group consists of youth from 8th–12th grades, parents, town officials, human and youth service workers, police, school personnel, local therapists, attorneys, representatives from faith communities, and others. They come together to brainstorm issues regarding youth and high-risk behavior, namely substance abuse. This group also provides educational forums for youth and parents with current research and strategies for prevention in the home.

DIAL **2-1-1**

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



Faith



Government



Housing



NEW CANAAN COMMUNITY FOUNDATION



21 Locust Avenue, Suite 1B, New Canaan
203-966-0231

www.newcanaancf.org

Enables individuals and qualified organizations to establish charitable funds and to place their fund's assets in a pooled investment account. The end result is to promote community philanthropy and help donors achieve their charitable goals.

NEW CANAAN CONGREGATIONAL CHURCH



23 Park Street, New Canaan
203-966-2651

www.godsacre.org

NEW CANAAN DOMESTIC VIOLENCE PARTNERSHIP



203-594-3076

Raises awareness in New Canaan about the issue of domestic violence, and encourages cooperation among social service and town agencies to help New Canaan citizens.

NEW CANAAN EXCHANGE CLUB



P.O. Box 1163, New Canaan
203-324-4458

Comprised of citizens working together to make their communities better places to live through programs of service in Americanism, community service, youth activities, and their own national project, the Prevention of Child Abuse.

NEW CANAAN JEWISH GROUP



203-972-7450

NEW CANAAN LIBRARY



151 Main Street, New Canaan
203-594-5000

www.newcanaanlibrary.org

Offers many books to borrow as well as reference books and computers to use on-site. Special events are also offered year round.

NEW CANAAN MOUNTED TROOP



22 Carter Street, New Canaan
203-966-0634

www.newcanaanmountedtroop.org

Devoted to building leadership, responsibility and confidence through sound horsemanship, with a cadet program open to ages 7-18, and summer camp sessions for ages 7-17.



DIAL 594-3076
New Canaan Department of
Human & Youth Services



NEW CANAAN NATURE CENTER



144 Oenoke Ridge Road, New Canaan
203-966-9577

www.newcanaannature.org

A 40-acre sanctuary provides community access to forests, meadows and ponds as well as educational and experiential nature-based programs for families, groups and schools including a nature-based pre-school called the Beginners Nature Program.

NEW CANAAN NURSERY SCHOOLS/DAY CARE CENTERS



203-966-9577 x16 Beginner's Nature Program
203-966-9247 Day Care Center of
New Canaan, Inc.

203-966-5234 First Presbyterian
Nursery School

203-966-3010 New Canaan Community
Nursery School

203-594-4400 or New Canaan Public School
203-594-4598 Opportunity Center

203-966-4528 New Canaan YMCA Child
Development Center

203-966-2937 Playland Nursery School

203-972-7888 St. Mark's Nursery School

203-972-3111 Toddler Time To Five

203-966-3176 United Methodist Church
Nursery School

NEW CANAAN PRIVATE SCHOOLS



203-972-0771 New Canaan
Country School

203-966-0786 St. Aloysius School

203-966-5612 St. Luke's School

NEW CANAAN PUBLIC SCHOOLS



www.newcanaan.k12.ct.us

203-594-4200 East Elementary School

203-594-4300 South Elementary School

203-594-4400 West Elementary School

203-594-4500 Saxe Middle School

203-594-4600 New Canaan High School

NEW CANAAN PUBLIC SCHOOLS: DEPARTMENT OF SPECIAL EDUCATION



203-594-4020

www.newcanaan.k12.ct.us

Coordinates special education services from preschool students through age 21. All New Canaan Public Schools have special education programs.

NEW CANAAN RECREATION DEPARTMENT



677 South Avenue, Waveny House

203-594-3600

www.newcanaan.info

Programs include:

- Comprehensive year-round program for the New Canaan community including public parks, public buildings and public facilities.
- Seasonal programming for youth, teens, adults and senior citizens in team and individual sports, physical wellness, education programs, photography, swim instruction, nutrition, culture and the arts, open gym, health and computer science, nature, outdoor concerts, music, before/

DIAL **2-1-1**

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



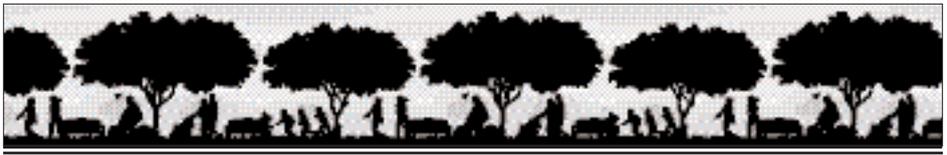
Faith



Government



Housing



after school programs, day camps, babysitting certification, family-oriented activities and special events year round.

- Special start-smart programs for kindergarten-age children in tee ball, soccer, tennis and swimming.
- Year-round management of recreation facilities including parks, athletic fields, courts, playgrounds, walking trails, swimming pool and pond, snack bar and food service operations.
- Year-round employment opportunities available for teens and adults, including sports officials, gate attendants, lifeguards, camp counselors, program instructors and facility supervisors.

NEW CANAAN YOUTH OFFICER



174 South Avenue, New Canaan
203-594-3523 New Canaan
Police Department

www.newcanaan.info

The Town of New Canaan Youth Officer's job is to prevent, control, and resolve the problem of juvenile delinquency within the community. The Youth Officer is a resource if you find yourself in trouble with the law, if you have questions about laws affecting youth or concerns about your safety. There is also a School Resource Officer at New Canaan High School who serves as a resource for both the students and school administration.

NEW CANAAN YMCA



564 South Avenue, New Canaan
203-966-4528

www.newcanaanymca.org

Offers activities and services including:

- Quality, licensed full-day child care to youth ages six weeks–five years; after-school child care for grades K–5.
- Preschool, and school-age arts and crafts and music classes.
- Instruction in swimming, basketball, diving, synchronized swimming, SCUBA, fencing, Krav Maga, strength training, tennis, roller hockey, flag football and soccer.
- Lifeguard certification classes.
- Teams: swim team, synchronized swimming, diving, basketball and T-Ball leagues.
- Counselor-in-training opportunities for youths ages 14 and older.
- Free community events for families.

NEW LEARNING CENTER



49 John Street, Southport
203-307-3030

www.newlearningcenter.com

Works with agencies, schools and professionals to provide continuity of care by offering individual, couples and family therapies, as well as a broad range of specialty services. Specialized groups for children are offered for helping with social skills in grades 3–12.



DIAL 594-3076

New Canaan Department of
Human & Youth Services



NORWALK ECONOMIC OPPORTUNITY NOW, INC. (NEON)



Main Office: 98 South Main Street, Norwalk
203-899-2420

www.neonca.org

Aims to improve the conditions of poverty and to help low-income families and residents become self-sufficient through the delivery of direct program services and advocacy at the state, federal and community level.

Our services and programs consist of the following:

- Head Start
- Early Child Education
- Employment and Training
- Eviction Prevention Services
- A 24-bed single room occupancy facility
- Partnerships for Community Distribution and Coordination of Emergency Services (including food, clothing and shelter)
- Retired Volunteer Services
- Youth Programs
- Senior Employment and Volunteer Programs
- Energy Assistance
- Case Management
- Information and Referral Services
- Advocacy Services

NORWALK HEALTH DEPARTMENT



137 East Avenue, Norwalk

203-854-7776

203-854-7979 AIDS Counseling/Testing

203-854-7976 Sexually Transmitted Diseases

www.norwalkhealthdept.org

Promotes the highest quality of life within the

changing community by ensuring a healthy environment. Focuses on monitoring health status and understanding health issues facing the community; developing the capacity to evaluate and improve programs and interventions as part of a commitment to continuous quality improvement; and protects people from health problems and hazards.

OUTBACK TEEN CENTER



77 Main Street ("out back" of Town Hall)

203-594-3075 Main Phone

203-594-3074 Event Hotline

www.ncoutbacktc.com

New Canaan's Teen Center

- Open recreation for high school students, plus special events and activities.
- Open recreation for 7th and 8th graders, plus special events and activities.
- Membership fees apply for 7th & 8th graders.
- Scholarships available.
- Only New Canaan residents are eligible for membership but guests are welcome for specific events and during regular hours when accompanied by a New Canaan resident.
- Equipped with ping-pong, foosball, a pool table, computers, video games, and offers special events and activities for youth such as dances, bands, girls and boys nights in.
- Available to rent for birthday parties, team sports banquets, organizational meetings, and more.

DIAL 2-1-1

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



Faith



Government



Housing



PEGASUS THERAPEUTIC RIDING



310 Peach Lake Road, Brewster, NY
845-669-8235, ext. 105
www.pegasustr.org

Riding therapy programs for students with physical and mental disabilities.

PERSON-TO-PERSON



1864 Post Road, Darien
203-655-0048

www.p2pdarien.org

Community-based agency that, through a sharing of goods and talents, responds to people who lack basic human necessities and resources to improve their lives.

PHOENIX MANAGEMENT CORP.



101 Tresser Blvd., Stamford
203-324-2154

www.phoenixmanagementcorp.com

Offers information about subsidized and fair market housing and the application process. Subsidized housing for families in New Canaan includes Canaan Parish, Millport Apartments, and Mill Apartments, totaling over 90 units. Final decisions rest with Phoenix Management per the appropriate housing regulations.

PLANNED PARENTHOOD



1-800-230-7526

www.plannedparenthood.com

America's most trusted provider of reproductive health care, the heart of Planned Parenthood is in the local community. Each health care center provides safe, reliable services that prevent unintended pregnancies through contraception; reduce the spread of sexually transmitted infections through testing and treatment; and screen for cervical and other cancers. We deliver comprehensive and medically accurate information that empowers women, men, teens, and families to make informed choices and lead healthy lives.

POSITIVE DIRECTIONS



420 Post Road West, Westport
203-227-7644

www.positivedirections.org

The programs of Positive Directions support these primary goals:

- To encourage a supportive environment for individuals and families to seek treatment and develop a substance-free lifestyle.
- To help employers and employees cope with substance abuse and other problems in the workplace.
- To provide information, counseling and support to people involved with alcohol, drugs and other destructive behavior to motivate them to accept treatment.
- To reach youth before they become involved with alcohol, drugs or other risky behavior and to help them make responsible decisions.



DIAL 594-3076

New Canaan Department of
Human & Youth Services



RENFREW CENTER OF CONNECTICUT



436 Danbury Road, Wilton
1-800-RENFREW (736-3739)

www.renfrew.org

Provides treatment for eating disorders, such as anorexia, bulimia and compulsive overeating.

SERVICE LEAGUE OF BOYS (SLOBS)



New Canaan High School
203-594-4600

Aims to foster the parent-son relationship in a philanthropic environment committed to community service, leadership development and education. It is an organization of parents and sons who join together in service and educational endeavors to foster community responsibility, as well as strengthen the parent-son relationship.

SILVER HILL HOSPITAL



208 Valley Road, New Canaan
203-966-3561
1-800-899-4455

www.silverhillhospital.org

Provides substance abuse and psychiatric treatment for adolescents and adults, including inpatient and outpatient treatment, day programs with schooling facilities, and chemical dependency groups.

SILVERMINE GUILD ARTS CENTER



1037 Silvermine Road, New Canaan
203-966-5617

www.silvermineart.org

Offers year-round art instruction for adults (over 18), youth (ages 12–18) and juniors (ages 2–12) in topics such as ceramics, drawing, painting, photography and computer graphics. Offers a summer art camp as well as workshops throughout the year.

SPED*NET (THE SPECIAL EDUCATION NETWORK) OF NEW CANAAN



P.O. Box 1612, New Canaan
203-966-9709

www.spednet.org

A parent and professional network interested in special education issues. Offers seminars during the school year, maintains a “listserv,” provides handouts and information, and has a variety of videos and books to loan members.

ST. ALOYSIUS ROMAN CATHOLIC CHURCH



40 Maple Street, New Canaan
203-966-0020

www.starcc.com

DIAL 2-1-1

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



Faith



Government



Housing



ST. MARK'S EPISCOPAL CHURCH



111 Oenoke Ridge Road, New Canaan

203-966-4515

www.stmarksnewcanaan.org

ST. MICHAEL'S LUTHERAN CHURCH



5 Oenoke Ridge Road, New Canaan

203-966-3913

www.stmichaelslutheran.org

STANDUP PARENTING, INC.



1-888-PARENT-9 (727-3689)

www.standupp.org

Offers parents educational support, alternative strategies, and practical solutions to family issues.

STAR, INC.

182 Wolfpit Avenue, Norwalk

203-846-9581

www.starinc-lightingtheway.org



Non-profit membership organization serving infants, children and adults with developmental disabilities and their families. It provides personalized support and advocates for people to live full lives with independence, freedom of choice and personal growth. STAR's informative Web site showcases a comprehensive set of links to sites for local, state and national organizations that serve people with disabilities.

STATE DEPARTMENT OF SOCIAL SERVICES (STATE ASSISTANCE, ADULT MEDICAL, ETC.)



1642 Bedford Street, Stamford

203-251-9300

www.ct.gov/dss

Provides a continuum of core services to meet the basic needs of food, shelter, economic support, and health care. Promotes and supports the choice to live with dignity in one's own home and community and promotes and supports the achievement of economic viability in the workforce. The department gains strength from a diverse environment to promote equal access to all agency programs and services.

TALKING WITH KIDS



www.talkingwithkids.org

A national initiative by Children Now and the Kaiser Family Foundation encouraging parents to talk with their children earlier and more often about tough issues like sex, HIV/AIDS, violence, alcohol and drug abuse.

THE TOWN PLAYERS OF NEW CANAAN



Waveny Park, New Canaan

203-966-3290

www.tpnc.org

This theater company offers Student Stageshop, theater workshops for grades 1-8 in the fall, winter, spring and summer and theater workshops for children at the Powerhouse

(Continued)



DIAL 594-3076

New Canaan Department of Human & Youth Services



Theatre in Wavery Park. Activities include pantomime, improvisation, theater games and scene work and a full performance for friends and family, all in a 115-seat proscenium theatre complex. Limited scholarship assistance is available.

UNITED METHODIST CHURCH OF NEW CANAAN



165 South Avenue, New Canaan
203-966-2666
www.umcofnewcanaan.org

VOLUNTEER CENTER OF NEW CANAAN



203-966-5359
www.ucanhelp.org

Recruits volunteers and matches their skills to specific agency requests. The center reaches out to individuals, communities, business groups and students, offering a wide variety of opportunities. Our programs serve our communities and make a difference.

WILKINS CENTER



7 Riversville Road, Greenwich
203-531-1909
www.wilkinscenter.com

Outpatient psychiatric, medical and nutritional service center devoted to the diagnosis and

holistic treatment of pediatric and adult eating disorders, weight management, and psychiatric disorders.

WOMEN, INFANTS AND CHILDREN (WIC)



410 Capitol Avenue, Hartford
1-800-741-2142
www.ct.gov

Dedicated to safeguarding the health of low-income women, infants and children up to age five who are at nutrition risk by providing nutritious foods and referrals to health care.

YOUNG LIFE AND WYDLIFE OF NEW CANAAN



203-972-3062
www.online.younglife.org

World-class organization for adolescents has been in New Canaan for more than 40 years. Open to every kid in grades 6–12, regardless of ability, circumstance, religion, race or culture. Staff and volunteers enter the world of kids, focusing on what matters to them—fun, adventure, friendship and a sense of significance. Young Life meets during the school year and also hosts service trips, weekend getaways, and a weeklong summer camp. Wyldlife is Young Life’s program for middle school students. WyldLife meets several times a month and offers weekend getaways and a weeklong summer camp.

DIAL 2-1-1

Connects you to information about services available in your community.



Child & Family Abuse



Child Care



Education



Employment



Faith



Government



Housing



Medical/Emergency



Mental Health



Parenting Resources



Recreation



Special Needs



Substance Abuse



Volunteer

DIAL 594-3076

New Canaan Department of Human & Youth Services



40 Developmental Assets® for Adolescents (ages 12-18)

Search Institute® has identified the following building blocks of healthy development—known as Developmental Assets®—that help young people grow up healthy, caring, and responsible.



External Assets	Support	1. Family support —Family life provides high levels of love and support.
		2. Positive family communication —Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents.
		3. Other adult relationships —Young person receives support from three or more nonparent adults.
		4. Caring neighborhood —Young person experiences caring neighbors.
		5. Caring school climate —School provides a caring, encouraging environment.
		6. Parent involvement in schooling —Parent(s) are actively involved in helping young person succeed in school.
	Empowerment	7. Community values youth —Young person perceives that adults in the community value youth.
		8. Youth as resources —Young people are given useful roles in the community.
		9. Service to others —Young person serves in the community one hour or more per week.
		10. Safety —Young person feels safe at home, school, and in the neighborhood.
	Boundaries & Expectations	11. Family boundaries —Family has clear rules and consequences and monitors the young person's whereabouts.
		12. School boundaries —School provides clear rules and consequences.
		13. Neighborhood boundaries —Neighbors take responsibility for monitoring young people's behavior.
		14. Adult role models —Parent(s) and other adults model positive, responsible behavior.
		15. Positive peer influence —Young person's best friends model responsible behavior.
		16. High expectations —Both parent(s) and teachers encourage the young person to do well.
Constructive Use of Time	17. Creative activities —Young person spends three or more hours per week in lessons or practice in music, theater, or other arts.	
	18. Youth programs —Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community.	
	19. Religious community —Young person spends one or more hours per week in activities in a religious institution.	
	20. Time at home —Young person is out with friends "with nothing special to do" two or fewer nights per week.	
Internal Assets	Commitment to Learning	21. Achievement Motivation —Young person is motivated to do well in school.
		22. School Engagement —Young person is actively engaged in learning.
		23. Homework —Young person reports doing at least one hour of homework every school day.
		24. Bonding to school —Young person cares about her or his school.
		25. Reading for Pleasure —Young person reads for pleasure three or more hours per week.
	Positive Values	26. Caring —Young person places high value on helping other people.
		27. Equality and social justice —Young person places high value on promoting equality and reducing hunger and poverty.
		28. Integrity —Young person acts on convictions and stands up for her or his beliefs.
		29. Honesty —Young person "tells the truth even when it is not easy."
		30. Responsibility —Young person accepts and takes personal responsibility.
		31. Restraint —Young person believes it is important not to be sexually active or to use alcohol or other drugs.
	Social Competencies	32. Planning and decision making —Young person knows how to plan ahead and make choices.
		33. Interpersonal Competence —Young person has empathy, sensitivity, and friendship skills.
		34. Cultural Competence —Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.
35. Resistance skills —Young person can resist negative peer pressure and dangerous situations.		
Positive Identity	36. Peaceful conflict resolution —Young person seeks to resolve conflict nonviolently.	
	37. Personal power —Young person feels he or she has control over "things that happen to me."	
	38. Self-esteem —Young person reports having a high self-esteem.	
	39. Sense of purpose —Young person reports that "my life has a purpose."	
	40. Positive view of personal future —Young person is optimistic about her or his personal future.	



**New Canaan Department of
Human & Youth Services**

77 Main Street, New Canaan, CT 06840

(203) 594-3076

www.newcanaan.info